

for Charlotte Griffin  
**Practicing Joy**  
 for percussion solo

Jonathan Newman  
 (1996)

**Freely**

*p* Sing  
 Hmm  
 Metal  
 Metal  
 Cup Gongs (*ad lib. - let vib.*)  
 Chimes Triangle  
 Cymbal (with tri. beater)  
 Nah  
 Hmm  
 Nah  
 Hmm  
 f

*p*  
 Wooden Sumantra  
 Bamboo Chimes  
 Almglocken  
 Cup Gong  
 f

*p* *f* *p* *f*

*f* Shout  
 Huh! Huh! Huh!  
 Conga  
 Bongos  
 Toms (one hand)  
 Sumantra  
 Metal  
 Metal  
 5/4  
 6/4  
 4x  
 4x  
 exhale  
 hhh Huh!  
 Shout  
 Hey! hhh Huh!

hiss through teeth  
 hhee Hey! hhh Huh!  
 hhee Hey! hhh Huh!  
 No Tempo - *ad lib.*  
 Triangles  
 Chimes  
 (ad lib. - let vib.)  
 hhee, Hey!, hhh, Huh!, etc. - ad lib.  
 pp  
 f

4-6x

**As before**

Hummm Nah \_\_\_\_\_  
 Cup Gongs (ad lib. - let vib.)  
 Sumantra

Almglocken

Membranes *accel. poco a poco*

**A Tempo** *f* Hey! Yah!

**Slower** *accel. poco a poco* hhee Hey! hhh Huh!

Bongos w/ mallets  
 Conga  
 Chimes  
 Toms

*f* *p* *f* *f* *f*

4/4 5/4

**Presto** *ff*

Hey \_\_\_\_\_ long Yah! *accel. molto* SHOUT! - ad lib. *accel. poss.* HUH!

HIT ANYTHING - ad lib. (random accents) *accel. molto* *accel. poss.*

GO NUTS!

Toms - ad lib.

*fff* *f poss.*